

Interested in the concepts of mindfulness and crossover to the business world yet don't know where to start?

...Take the Easy Path!



You don't want to miss this powerful one-day "GettingGrounded" experience! See reverse for upcoming dates and locations!



## The Easy Path<sup>SM</sup>

 [www.pureambitionconsulting.com/events](http://www.pureambitionconsulting.com/events)

 415.702.0334

Pure Ambition invites you to explore how the 'noise' in your work and life impacts overall wellbeing and performance. Through connection with nature, we'll explore new ways of being in service of yourself and others resulting in more fulfillment and success.

LEARN MORE & REGISTER:

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**URBAN RELEAF**  
BUILDING HEALTHY COMMUNITIES  
ONE TREE AT A TIME

**Introductory Rate of only \$95**

includes participation, food, and beverages. Plus, a portion of all proceeds benefit local non-profit Urban ReLeaf!

**Friday May 9th**

Mt Diablo State Park Danville, CA

9:00 to - 3:30 pm

**Saturday May 10th**

Lands End San Francisco

9:00 am to 3:30 pm

“...The total removal from day-to-day pressures and "noise" to a stunning natural environment for a carefully coordinated program in the professional hands of Adi and the Pure Ambition team proved to be a very smart investment indeed”